



Oak Bay firefighter Jason Hodges throws a Christmas tree onto the pile ready for the chipper, in the lot behind the Oak Bay fire hall on Saturday. ADRIAN LAM, TIMES COLONIST

Where to take your Christmas tree for disposal in Greater Victoria

Wondering where to take your Christmas tree after the holidays are over? Here's a list of drop-off locations and tree-chipping events.

Are you organizing an event? Let us know by emailing the details to localnews@timescolonist.com. Please put tree chipping in the subject line.

SAANICH AND THE PENINSULA
Victoria Judo Club — Jan. 1, 2 and 8, 10 a.m.-4 p.m. at Lochside Elementary School, 1145 Royal Oak Dr. By donation with proceeds supporting youth and community athletics.
Central Saanich Lions Club — Jan. 2, 3, 8 and 9, 8:30 a.m.-2:30 p.m. at 1700 Keating Cross Rd., across from Municipal Works Yard. Donation box provided, COVID protocols practised.
Reynolds Secondary School — Jan. 2, 8 and 9, 9 a.m.-5 p.m. at Reynolds School parking lot, 3963 Bordson St. By donation.

Community Living Victoria — Jan. 8 and 9, 10 a.m.-4 p.m. at 3861 Cedar Hill Cross Rd. By donation.
Claremont Key Club — Jan. 8, 10 a.m.-4 p.m. and Jan. 9, 10 a.m.-2 p.m., at Claremont Secondary School, 4980 Wesley Rd. By donation.
Elvie Wilkes Cross Country and Track Team — Jan. 8 and 9, 9 a.m.-5 p.m. at Centennial Stadium parking lot, University of Victoria. By donation.
Sidney Lions Club — Jan. 8 and 9, 10 a.m.-4 p.m. at Iniquity Park on Ocean Avenue in the overFlow parking lot. By donation, bottle drive as well. Please stay in your car.

Peninsula Minor Hockey Association — L13 team will be hosting a Christmas tree chipping fundraiser 9 a.m. to 4 p.m. on Jan. 8 and 9 at Panorama Recreation Centre. Chipping services provided by Capital Tree Services.
McKenzie Elementary Parents Advisory Council — Jan. 8 and 9, 10 a.m.-2 p.m. at McKenzie Elementary School back parking lot, 4005 Raymond St. North. By donation to support the creation of Outdoor Learning Spaces.



Luna the killer whale with friends. A new director's cut of *Saving Luna* premieres at the Royal B.C. Museum's Imax theatre on Monday. VIA ROYAL B.C. MUSEUM

Luna the orca back on the big screen with Victoria premiere of director's cut

Times Colonist

A new director's cut of *Saving Luna*, an award-winning documentary that follows a young male orca who loses his family in Nootka Sound, premieres at the Royal B.C. Museum's Imax theatre on Monday.

The film tells a story about the connection between people and orcas, the museum said in a press release.

"Through his determination to make friends with people, Luna sets in motion events that challenge our politics, science and spirit, and make us rethink our most fundamental ideas about the nature of love and friendship," the museum said.

The original film won 25

WEST SHORE

Knights of Columbus — Jan. 1, 11 a.m.-3 p.m. and Jan. 8, 10 a.m.-3 p.m. at St. Joseph the Worker Parish, 753 Burial Rd. West. By donation.

Juan de Fuca Search and Rescue — Jan. 2, 10 a.m.-2 p.m. at Slegg Lumber, 2901 Sooke Rd. By donation, proceeds to search-and-rescue volunteers. Bottle drive event as well.
Colwood Volunteer Firefighters Association — Jan. 8 and 9, 9 a.m.-3 p.m. at the Colwood Fire Hall, 3215 Metcown Rd. By donation, proceeds to Colwood Volunteer Firefighters' Historical Fund.

GREATER VICTORIA CORE

Oak Bay Fire Department — Jan. 1 and 2, 10 a.m.-4 p.m. at Fireman's Park, 1703 Monterey Ave., behind the fire hall. By donation, proceeds go toward the Oak Bay High School bursary program.

Castaway Wanderers Rugby Club — Jan. 1 and 2, 8 and 9, 11 a.m.-4 p.m., and Jan. 15, 1-4 p.m. at Currie Road next to the Windsor Park Rose Garden. By donation to the active participation of community youth in mini and junior rugby.

Victoria High School — Jan. 8, 9 and 15, 16, 8:30 a.m.-4 p.m. at St. Willis Campus, 924 Tapscott Ave., parking lots 1 and 2. By donation.

Central Music Parents Association — Jan. 8 and 9, 9 a.m.-4 p.m. at Central Middle School, 1280 Fort St. By donation in support of music at Central Middle School.

Compassionate Resource Warehouse — Jan. 8 and 9, 10-4 p.m. at the Archie Browning Sports Centre Parking Lot, 1151 Esquimalt Rd. (Lyall Street side of the Archie Browning Centre). By donation, proceeds to youth programs in Esquimalt.

VARIOUS LOCATIONS

Easter Seals Christmas tree recycling fundraiser — Jan. 8 and 9, people can drop off their trees with a cash donation at one of the following locations: Tillikum Shopping Centre, Save-On-Foods (Fort and Fair Bay), Westshore Town Centre, University Heights Shopping Centre and Broadmead Village Shopping Centre. Davey Tree Services and volunteers from Lions Clubs will be onsite at

all locations, safety protocols will be followed. Visit eastersealsbcy.ca for details and times.

ELSEWHERE ON THE ISLAND

Campbell River Firefighters — Jan. 2, 10 a.m.-4 p.m. in the Sportsplex parking lot, by donation to the B.C. Professional Fire Fighters' Burn Fund and local charities. Tree chips will be composted. COVID-19 safety protocols will be followed using drive-through drop-off.

MUNICIPAL YARD WASTE DEPOTS

Hartland Landfill, Hartland Avenue. Open Monday to Friday, 9 a.m.-5 p.m.; Saturday, 9 a.m.-2 p.m. Closed Sundays and statutory holidays.

Colwood Public Works Yard, 3300 Wishart Rd., 250-474-4133. Open the first and third Saturday of each month, 8:30 a.m.-4 p.m.

Esquimalt/Victoria Royal Yard & Garden Waste Transfer Station, 605 Canton Rd., 250-885-8683. Open Tuesday to Saturday, 8 a.m. to 5 p.m., closed Jan. 1.

North Saanich Public Works Yard, 10180 Littlewood Rd., 250-656-0781. Open Jan. 14, 27 and all Saturdays except Jan. 1.

Saanich Public Works Yard, 1040 McKenzie Ave., 250-475-5599. Open Monday, Tuesday, Friday and Saturday, 9 a.m. to 5 p.m. Closed Jan. 1-3. **Victoria Public Works Yard**, 117 Garbally Rd., 250-361-0400. Open Saturdays, 7 a.m.-2 p.m.

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Ask The Dentist!

by
 Dr. C Ross Crapo DDS

A Cook's Dilemma



Q: Dear Dr. Crapo: I'm a cook. I've cooked all my life but in the restaurant cooking business, for over twenty years. I grew up in Europe where dentistry was not discussed, at least not in my small town. My parents didn't talk about it and my brothers and sisters had the same experience. I married and came to Canada. My wife insisted at my first toothache, I see a dentist. I did and had to have many teeth, or what remained, pulled out. I've got all my front teeth top and bottom. I have no back teeth on my lower left side. I have one molar, with spaces in front of them in the other areas of my mouth. I was told I need to get implants because my teeth are starting to move and I need teeth to fill in the spaces. I was also told that I could have permanent bridges and that would fill in the spaces almost like natural teeth - I can brush and floss them and they stay in like my own teeth. This is all new, so I'm wondering what's best. My wife and her family have always gone to see the dentist and they don't have problems, so I'm sure my wife will make me aware of what's necessary. One thing I know is that I have no decay except one tooth that might need a root canal. I was told that if I choose bridges, this tooth will work after it has been taken care of. I just need to know what's best.

A: If finances are not a major factor and you have good bone amounts in all those areas you've described, implants are by far the best solution. I say this emphatically because decay is more prevalent in cooks who cook to taste, than most other adults. It is comparable to those who have a very sedentary lifestyle that involves high computer or electronic games use, all the while eating and drinking throughout the day.

Having said that, bridgework in the areas you've mentioned can be a very good approach if you commit to dental maintenance several times a day. After your bridges are placed, fluoride trays can be fabricated to help render your teeth less susceptible to decay. This along with more frequent visits to the hygienist and dentist, will produce good results.

Bridgework can last decades but it doesn't happen by accident. Good dental work, followed by good dental homecare and in your case good dental maintenance at work, may well allow you to not only keep your remaining teeth, but give you good function. As far as the area where the back teeth are gone, implants will serve you very well.

If we can help, we'd like to. Call 778-410-2080 for a consultation.

Based on actual patient cases

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